

## Reflection– Sower, Soil and Seed

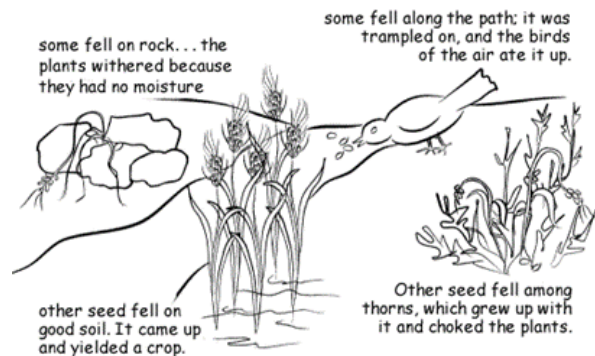


We hear the Good News of this kingdom, but we ask ourselves what sort of soil we are. Do we enable the message to take root and grow? Do we produce a harvest of good works, signs pointing

towards the kingdom and helping to bring it about? We also ask ourselves what sort of seed we are? Do we die to ourselves that Jesus may live in us? For Jesus says elsewhere that a seed has to die to itself to be transformed into a plant.

We could also ask ourselves: what sort of sower are we? Do we attend to the word of God, reading, studying, praying and knowing the scripture so well that we can be confident in relaying the good news to others? Or do we rely on the 'professionals' to do the work of sowing the word? It is not enough to know ourselves, we need to be able to explain and express that faith to others who may be hungry for it. How can we expect a harvest if we keep the seed to ourselves?

The kingdom will come about; but what are we doing to help make it so?



## ST. BENEDICT'S CATHOLIC CHURCH

Owen Street, Atherstone  
Warwickshire, CV9 1DG  
Parish Priest: Fr. Paul R. Lomas  
E mail: [Stbenedict.atherstone@rcaob.org.uk](mailto:Stbenedict.atherstone@rcaob.org.uk)  
Tel No: 01827 736286  
[www.saintbenedictsrcatherstone.com](http://www.saintbenedictsrcatherstone.com)



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**THE FIFTEENTH SUNDAY OF ORDINARY TIME**

**Saturday 11th July 2020**

**Vigil Mass 4 pm**

**Sunday 12th July Mass**

**at 9.30am**

Saturday	11th	<b>The 15TH</b>	Vigil Mass 4 pm	<i>Parishioners</i>
Sunday	12th	<b>of Ordinary Time</b>	Mass 9.30 am	<i>Prisoners</i>
Monday	13th	Feria	NO MASS	
Tuesday	14th	Feria	Mass 10 am	<i>Health of Scott</i>
Wednesday	15th	Feria,	Mass 10 am	<i>Seminary students</i>
Thursday	16th	Feria	Mass 10 am	Barry Bridgen RIP
Friday	17th	Feria, Ap.	Mass 10 am	Victims of Covid 19
<b>Saturday</b>	<b>18th</b>	<b>THE 16TH SUNDAY OF ORDINARY TIME</b>		
			<b>Vigil Mass 4 pm</b>	<i>Parishioners</i>
<b>Sunday</b>	<b>19th</b>	<b>Mass 9.30 am</b>	<i>Fr. Paul &amp; Andrea's 45th Wedding Anniv</i>	

**Next Week : THE SIXTEENTH SUNDAY OF ORDINARY TIME**

**Saturday 18th July 2020 Vigil Mass 4 pm**

**and Sunday 19th July Mass at 9.30am**



### **Covid 19 – The Pandemic and the end to our Eucharistic Fast**

Following the Government's announcement that churches may open for services from 4th July, we have the guidance from the Archdiocese about what our next steps at St Benedict's will be, so that we can gather as safely as possible when we are able. It looks like a maximum of 30 in church at one time and people will need masks or face coverings (provide own). **We are open this weekend , Saturday morning a team of cleaners, thoroughly prepared and cleaned church. Even though open, Mass will continue to be live streamed on my Facebook page - Paul Roy Lomas.**

If you have any enquiries please do be in touch with Fr. Paul on 01827 736286. Thank you for your continuing support.

**Church will be open before Mass for private prayer** but not after Mass, as church will need to be cleaned.

We can return to having Exposition and Benediction on a Friday morning from 10.30 to 11.45 am.

Mass will be in church at 10 am each day.

**All this will happen but we must maintain the social distancing required, wear a mask or face covering. Use the hand sanitizer provided in the porch. Avoid touching surfaces as much as possible. After each mass the church will be cleaned again.**

I would also be happy to meet with a parishioner in the garden on the benches at any other time for a chat and maybe Sacrament of Reconciliation. if required. Again please call me on 01827 736286.

If we are not vigilant and careful, then lock down, whether nationally or locally, could be brought back in and we would have wasted the effort of the last three months.

THE CHURCH WILL BE OPEN FOR PUBLIC MASSES THIS WEEKEND. WE GIVE THANKS TO GOD THAT WE HAVE ARRIVED AT THIS POINT. PLEASE :-

1. SANITISE YOUR HANDS WHEN ARRIVING AND LEAVING CHURCH.
2. WEAR FACE COVERING AT ALL TIME.
3. ONLY SIT ON PEWS WHERE DIRECTED TO.
4. MAINTAIN SOCIAL DISTANCING AT ALL TIMES. (NO PHYSICAL CONTACT AT EXCHANGE OF PEACE).
5. WHEN RECEIVING HOLY COMMUNION, DO SO ON HAND ONLY AND MOVE WHEN DIRECTED TO.
6. THERE ARE NO NEWS SHEETS HANDED OUT, NO HYMN BOOKS TO HOLD, NO SINGING BECAUSE OF SPREAD OF VIRUS.
7. LEAVE CHURCH AFTER MASS WHEN DIRECTED BY STEWARDS.

**COVID 19 VIRUS IS STILL PREVALENT SO KEEP A SAFE DISTANCE FROM EACH OTHER. TOUCH AS LITTLE AS POSSIBLE.**

### **PRAYER FOR THE SICK & HOUSEBOUND**

May the Communion we share today with the members of our parish family who are at home or in hospital, remind us to live for one another and give them a sense of belonging to our family and to this celebration.

Please don't forget to hand in your Mass requests in an envelope with the name and date on and with your donation inside. Fr. Paul has no outstanding Masses.

**IF YOU ARE GOING TO COME TO MASS THIS WEEKEND YOU NEED TO INFORM FR. PAUL BY TELEPHONE –07973239942 OR E MAIL  
[Fr.paul.lomas@rcaob.org.uk](mailto:Fr.paul.lomas@rcaob.org.uk) which mass you are coming to as we can only safely contain 30 people in the congregation.**

**Mass each day continues to be shown live on my Facebook page—Paul Roy Lomas. It is also available to use after the Mass has ended in case you can't be on your computer, smart phone or lap-top at the exact time.**